

Humber Meadows:

Delivering a resident-centered model of care



Photography: Patrick St. Arnaud

Humber Meadows is a new, fully integrated Long-Term Care (LTC) Home with 320 licensed beds. Built to meet the latest standards for LTC, its resident-first approach ensures individual needs are answered while independence and comfort are supported.

People-Centered Approach

Humber Meadows consists of five floors divided into ten Resident Home Areas (RHA), each with its own dining room, lounge, and activity room. This design allows each RHA to operate independently, if necessary, to prevent the spread of infections. Every resident has a private bedroom, either with their own bathroom or a shared bathroom (between two bedrooms). There is access to outdoor space from every floor, with the main floor having an interior courtyard for all residents. A private dining room on the main level and conference

rooms in every RHA provide additional places for residents, staff, and families to gather and connect.

Promoting Independence and Dignity

The home features an integrated dialysis unit on the first floor, allowing residents to receive treatment on-site rather than having to travel. New technology has also been incorporated in ways that support resident independence. Doors do not require a separate swipe card, enabling staff and residents to walk through the RHA easily. A monitoring system activates if it detects a resident wandering, allowing residents to explore their home safely without feeling locked up. “It’s a resident-first philosophy that we are using here. We want to ensure everyone has access to the types of activities they did previously. That’s why we’ve put a lot of thought into incorporating amenities like the Great Hall, the café, the courtyards, the salon, and spiritual spaces for our residents to enjoy”, says Sadie Friesner, Executive Director at Humber Meadows.



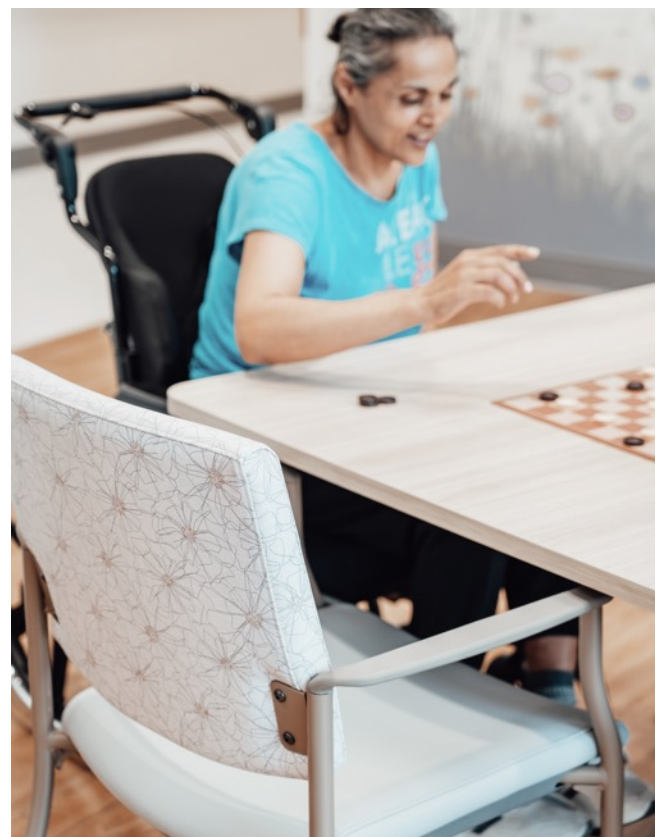
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Advocacy by Design

While safety and cleanability are musts, furniture still needed be homey, inviting, comfortable and inclusive. “As the advocate architect, we are a second set of eyes and ears on the project to ensure resident and staff needs are translated into the furniture specification, whether that is soft lounge chairs or bedrooms suitable for bariatric residents,” explains Kate Caines, Senior Project Interior Designer at HOK. Adding wingback chairs in the lounges to create cozy spaces for residents and families to gather on each RHA and integrating dining tables that enable residents in wheelchairs to eat and connect with other residents during mealtimes, help evoke a sense of home. In addition to the furniture specification, HOK worked with staff to create the signage and wayfinding with a unique color and graphic theme for each RHA and floor that adds vibrancy and reflects the natural meadows surrounding the home.

Sadie explains, “It’s so nice to have partners that were committed to helping us achieve our vision. As a local manufacturer in the same neighbourhood, Global offered deep insight and understanding of the project and goals, including going above and beyond to create a custom fabric for the dining chairs to match the color-coding by floor. They didn’t just push us to pick from existing fabric options (the easy way out). I’m proud that we were able to take this from a project to a home, from a plan to a place of caring and compassion.”



FEATURED PRODUCTS

Tablet tables, Primacare lounge seating and recliner, Wingback chair, Desmond dining chair, GC Comet guest chair

ARCHITECT

Montgomery Sisam
HOK (Architect Advocate)



